

01 YOUR PACE TEAM



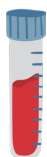
Dr is your cardiologist and will oversee your treatment and management. To learn more about the PACE team, [click here](#).



Elham (Ellie) Hajebi, nurse practitioner (NP), will be your primary provider supporting your care path. At your first visit, she will review what needs to be done to get your bad cholesterol levels to a normal level.

Additional team members:

02 PURPOSE OF VISIT



Review blood work to determine changes to your lifestyle and/or medication



Review progress since being discharged from hospital



Discuss personal health goals and clinical goals

VISIT 1: SUMMARY AND CARE PLAN



Attached is an infographic to help you understand why lowering your LDL-C (“bad cholesterol”) matters. This infographic will help you understand why you need to reach your LDL-C target and the importance of measuring your LDL-C.



The guideline recommended
LDL-C level is:

< 1.8
mmol/L

Your current LDL-C level is:

mmol/L

During your visit, Ellie will review any changes needed to your lifestyle or medications to help you to achieve LDL-C levels below 1.8 mmol/L.

What You Can Do

- ☐ Complete the bloodwork requisition at least 5 days before your next appointment
- ☐ Fulfill any changes to your prescription provided
- ☐ Follow up on recommended changes to your lifestyle

We recommend the following resources to support you with lifestyle changes:

Patient FAQs

Provides answers from verified sources to common questions on nutrition, supplementation, weight management, exercise, and well-being for post-heart attack care.

List of Patient Resources

A list of medically reviewed, patient resources to help navigate the recovery journey. Information is provided on various topics related to heart health and care after a heart attack or stroke.



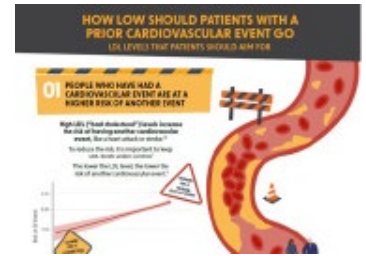
Your next visit is scheduled on

VISIT 2: SUMMARY AND CARE PLAN



Attached is an infographic on why keeping your LDL-C (“bad cholesterol”) under control reduces the risk of another heart event, like a heart attack or stroke.

This infographic explains how **lowering your LDL-C early** is important for protecting your heart health..



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